

Letot Girls' Center

Invisible Girls No More

Clinical Report

Welcome to our first Letot Girls' Center newsletter! This is a platform where the girls can submit their creative expression for publication.

As of 11/30/15, we have 12 girls at the Center. All 12 girls are actively engaged in treatment and have put forth incredible effort.

Through the generosity of the Letot Center Capital Foundation Board, the psychology team has implemented *My Life My Choice (MLMC)* curriculum. This group teaches the girls to identify the risks of being sexually exploited so that they can better protect themselves when they return home.



Picture: Above: July 17, 2015, Audrey Morrissey, Associate Director of MLMC and the Girls' Center team. Below: June 29, 2015, Rachel Lloyd, CEO of GEMS and the Girls' Center team.

Poetry Entries

Math Can Be Turned Into Love, Pain, and Hope.

By A.R.

$1+1=2$, $2+2=4$, $4+4=8$. 8 on it's side equals ∞ . But $\infty = \text{love}$. $\infty = \text{pain}$. $\infty = \text{hope}$. But it's all bunched in one.

I am full of love and pain but with hope. Love as in love everything and everyone. Even though love can have pain. But towards the end of pain, I still have hope. But the math problem is; why is love so painful and why should I still have hope towards the end? I'll tell you why. Because you still love even though it hurts the most. Even if they hurt you, knock you down, try to break you apart piece by piece.

But hey, remember. $1+1=2$. $2+2=4$. $4+4=8$. 8 on it's side $=\infty$

One Day. By A.S.

You have feet to walk, but you walk in the wrong direction. You have eyes to see, but you still don't see clearly. You have a heart to feel, but you manipulate and numb it. You have a shoulder to cry on, and arms to catch you, but you don't lean nor do you reach. One day you will walk in the right direction. One day you will have glasses to see clearly. One day you will let your heart feel so you can lean on the shoulder, and reach for the arms that will catch you.

Writing Entry

By E.J.

Today (11/11/15) was a day of new beginnings for us girls. For the past few weeks, there have been a bit of an uproar among us. Everyone knows when there's a lot of estrogen in the room, there tends to be a problem right along with it. We each deal with

In addition to MLMC, The Letot RTC welcomed **Girls Educational Mentoring Service (GEMS)** to ensure we are offering Trauma-Sensitive, Gender-Informed, Sexual Exploitation specific interventions for the girls.



Memorable Events

On June 8, 2015, Letot Girls' Center welcomed Congressman Poe and Senator Cornyn who spoke on the Justice for Victims of Trafficking Act. This act will support anti-trafficking efforts.



different emotions, fears, and personal problems everyday. Some show it more than others. Some hide it and you never know when enough is enough for them but there's nothing wrong with that. It's normal for teenage girls to have attitudes and not get along. But today is special for me because every last one of us made a deal to forgive one another and was willing to start over fresh. And work together and show empathy to one another problems. Now, that is not something you see everyday among young girls. This shows that somewhere during our time here, we learned the trait of forgiveness and responsibility. Thanks for being here.

Staff Highlight

Supervisor Alex Moore. Interview conducted by E.J.

1. Why is this job perfect for you? It challenges me to be creative in my approach. There is hope for change and we (adults) must understand someone has to help you all move into adulthood. For me, that is an honor.

2. What advice can you give us? To be honest with your intentions and with the individuals whom you love.

Volunteer Highlight

Ms. Laura Fonville, yoga instructor.

Interview conducted by A.R. and E.J.

1. Why do you volunteer here to do yoga? I volunteer because the yoga teaching says the best way to uplift yourself is to uplift others.

2. Do you have any words of encouragement for us? To just be here and be in the program and take advantage of it. Be present and don't focus on what's out there, but focus on today. In yoga there is a saying, there is no "there." So, be present.

